



# BOK TOWER GARDENS

NATIONAL HISTORIC LANDMARK

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## Be a "fool" for Fermentation!

Sat, April 1, 2017 sessions at 10:00 a.m., 12:30 p.m. and 2:30p.m.

**10:30 a.m. – 11:30 a.m.**

Spend the morning with brewers from Mother Kombucha learning about the benefits of Kombucha, a living, probiotic tea that has long been associated with wellness and vitality.

**12:30 p.m. – 1:30 p.m.**

Maria and Tony Iannucci with AM Acres of Lake Wales will be

demonstrating how to make Chevre, a soft goat milk cheese that is made with cultures and takes about 3 days to produce.

**2:30 p.m. – 3:30 p.m.**

Explore the science behind how your beer is made with University of Central Florida Adjunct Professor Edmund Measom.

**Culture convergence**