

The Lake Wales Family YMCA is hosting a Healthy Kids Day on **April 29, 2017 from 9:00 A.M. to 1:00 P.M.** Healthy Kids Day is a free community event to help parents begin thinking early about ways to keep their kids both physically and intellectually active over the summer. It is the largest event of its kind in the nation, taking place at over 1,600 Ys who are committing to taking on summer to address critical gaps in health and education.