

# CAREGIVER SUPPORT GROUP



*YOU DON'T HAVE TO DO IT ALONE*

OUR SUPPORT GROUP PROVIDES A SAFE AND NUTURING SPACE FOR CAREGIVERS IN OUR COMMUNITY TO BUILD RELATIONSHIPS, SHARE INFO AND RESOURCES, VENT FRUSTRATIONS AND GAIN EMOTIONAL SUPPORT

**HOSTED BY VITAS  
HEALTHCARE**

JOIN US THE FIRST FRIDAY AT 3PM  
EVERY MONTH AT GRACE HEALTHCARE

730 NORTH SCENIC HWY LAKE WALES FL 33853

