



# BOK TOWER GARDENS

NATIONAL HISTORIC LANDMARK

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## Ring In to Christmas at Bok Tower Gardens November 23 through January 6

LAKE WALES, FL — Discover a wonderland of red and green as Christmas at Bok Tower Gardens returns November 23 through January 6. Visitors will enjoy the spectacular Holiday Home Tour at Pinewood Estate, poinsettia, bromeliad and amaryllis displays, live music on the 205-foot Singing Tower carillon, Sunset & Symphony Holiday Concert with the full Orlando Philharmonic Orchestra (Dec. 1), winter walking tours, live music at Pinewood Estate and a variety of educational programs. Admission for the Gardens and Holiday Home Tour at Pinewood Estate (Combo Admission) is \$25 adults and \$12 child (5-12). Kids under 5 are free.

### Home for the Holidays

The gem of Bok Tower Gardens holiday festivities, the 20-room, 1932 Mediterranean-style

Pinewood Estate is a step back in time to the grandeur and glamour of a bygone era. Learn more about this fascinating period in American history through the eyes of C. Austin Buck and his family, one of America's true steel dynasties.

The estate's decorations change each Christmas, and no two years are ever the same. Experience a holiday homecoming in postwar 1940s as the Buck family opens their winter retreat to celebrate the joy of the season with friends and family from the Mountain Lake and the Lake Wales community. A family celebration, sisters Lucy Buck Fox and Dorothy Buck O'Brien are highlighting each room of their home with magnificent Christmas decorations, sumptuous garlands, ribbons, trees and holiday finery fill the home with the grandeur of the season.

### **Adding Sparkle to a National Historic Landmark**

Inspired by the history and beauty of Pinewood Estate, members of The Amaryllis Club are once again decorating the entire estate and the entry gates. A volunteer patron group, their mission is to promote and preserve the heritage and vintage style of this historic home, and to take on other special projects on behalf of the Gardens.

Patti Bostick, lead designer for The Amaryllis Society's decorating team, said the Club's main intent was to maintain the integrity of the house in their designs and to make sure the decorations emphasize the home's architecture, beauty and style.

"We are digging deep into the Buck family history and it is with great privilege we are decorating this one-of-a-kind home," Bostick said. "Months of preparation and planning have been spent by each member of our team and we're excited that visitors will be able to experience how Mr. Buck and his family would have enjoyed Christmas together during the 1940's," she said. "The house speaks to you; you can feel its history. It's an amazing place, and we love it."

### **A Holiday Hunt for the Whole Family**

Children are encouraged to tour the historic estate and participate in a fun hunt for a family of Pinewood Christmas squirrels Tucker and Tilly who are hiding throughout the Estate. For convenient snacks and drinks, visitors can enjoy Pinewood Place located adjacent to the Estate and open from 11 a.m. to 4 p.m. daily through January 6, 2018. Following the Christmas season, Pinewood Estate will reopen to daily tours later in January.

### **Ring in the Holidays with Sunset & Symphony**

The annual Sunset & Symphony Holiday Concert with the Orlando Philharmonic Orchestra (OPO) is Saturday, December 1 at 6 p.m. The OPO and Singing Tower carillon perform holiday classics while visitors enjoy picnicking and festival-style seating on the Gardens' Great Lawn. New for 2018, enjoy a full day of music and holiday festivities culminating in the evening finale performance by the Orlando Philharmonic Orchestra and the Singing Tower carillon.

### **Schedule of Events**

10am-12pm Polkweed Muzique performs at the Terrace

11am Carillon Concert

12:30pm-2:30pm AcousticDose performs at Pinewood Estate Frog Fountain Courtyard

1pm & 3pm Carillon Concert

4pm-5:45pm Greye

6pm Orlando Philharmonic Orchestra.

Advance tickets: \$20 members/\$30 non-members, \$10 child. Day of concert, tickets increase to \$35. Please note: Concert admission begins at 3pm.

Christmas at Bok Tower Gardens is sponsored in part by Visit Central Florida, and by the State of Florida, Department of State, Division of Cultural Affairs, and the Florida Council on Arts and Culture.

### **Christmas at Bok Tower Gardens Schedule of Events**

Purchase tickets for events online at [www.boktowergardens.org](http://www.boktowergardens.org) or by calling 863-712-1222

**CHRISTMAS AT BOK TOWER GARDENS WALKING TOURS:** Nov. 23-Jan. 6. Mon-Sat: 12pm & 2pm, Sun: 2pm. Walking tours of the Gardens start at the Visitor Center. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH DANE MYERS:** Nov. 24. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**LEFTOVER MAKEOVER:** Nov. 24. 1pm-3pm. Learn how to utilize holiday leftovers and stop throwing out miscellaneous ingredients lingering in your fridge with Chef Matthew Fulwood from Blue Palmetto Café. Craft beer, wine and refreshments included. \$35 members/\$42 non-members. Part of the Florida Food Series presented by Visit Central Florida.

**HOLIDAYS AT HAMMOCK HOLLOW “DISCOVER FLORIDA CRANBERRY”:** Nov. 24. 10am-12pm. Families will learn more about the Roselle plant also known as Florida Cranberry with a Roselle tea tasting and tie-dye art activity at Doodlebug Art Place. Included with general admission or membership.

**BEYOND THE PLASTIC BAG: REDUCING SINGLE USE PLASTIC IN EVERYDAY LIFE:** Nov. 28, 12pm-1pm, Included with general admission or membership. Hosted by professionals from UF IFAS, learn more about Microplastics, the tiny plastic particles that never biodegrade. Discover how our use of plastics are affecting marine life and ways you can reduce your impact on this problem. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH EMANON JAZZ:** Nov. 28. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**FARM TO TABLE DINNER WITH CHEF AMY FREEZE “BEST OF CHAMPIONSHIPS”:** Nov. 29. 6pm-8pm. Enjoy a four-course menu inspired by Chef Amy’s various championship appearances and wins, including dessert from her 2013 National Pie Championship win. Craft beer and wine included. \$45 members/\$55 non-members. Part of the Florida Food Series presented by Visit Central Florida.

**KID’S NIGHT OUT:** November 29. 6pm-8pm. A special opportunity for Farm to Table attendees. Kids have a fun filled nighttime adventure with Bok Tower Gardens Educators as their grownups relax and enjoy their own night out at the Farm to Table event. Kids 6-12 years old. \$10 per child.

**TAI CHI IN THE GARDENS:** Dec. 1. 8:30am-9:30am. Learn the ancient art of Tai Chi surrounded in the serenity of the Gardens. Individuals of all ages and physical conditions can use the fluid movements to help release tension, increase balance and relax. \$10 members/\$17 non-members.

**HOLIDAYS AT HAMMOCK HOLLOW “HOLIDAY BIRDING TRADITIONS”:** Dec. 1. 10am-12pm. Birds are a part of many international holiday traditions; discover how to include feathered friends in your celebrations. Make a suet & seed bird feeder ornament at Doodlebug Art Place. Included with general admission or membership.

**SUCCULENT HOLIDAY WREATH WORKSHOP:** Dec. 1. 10am-12pm and 1:30pm-3:30pm. Create your own succulent wreath for the holidays. All supplies included. \$50 members/\$57 non-members.

**SUNSET & SYMPHONY HOLIDAY MUSIC CONCERTS:** Dec. 1. Enjoy a full day of music and holiday festivities culminating in the evening finale performance by the Orlando Philharmonic Orchestra and the Singing Tower Carillon at 6pm.

**RESTORATIVE YOGA:** Dec. 2. 9am-11am. Restorative Yoga provides students the opportunity to "fully rest" while opening the body through a variety of supported poses, meditation and breath work that encourage deep relaxation. \$30 members/\$37 non-members.

**COUCH TO 5K TRAINING:** December 3 – February 23. Monday, Wednesday and Saturday at 8am. Running training designed to motivate someone “out of shape” to prepare for a 5K race. By last meeting, you will be ready to run at the Carillon Classic 5K on February 23, 2019. Training sessions free with general admission or membership; separate charge applies for Carillon Classic 5K.

**YOGA DANCE:** Dec. 4. 5:30pm-6:30pm. Experience a unique approach to movement, combining the time-honored traditions of yoga, user-friendly dance, and meditation in motion, breath and the energy centers of the body. Class is appropriate for all levels of fitness and physical ability. \$15 members/\$22 non-members.

**GOPHER TORTOISES AND PLANT CONSERVATION:** Dec. 5. 12pm-1pm. Learn more about a current project by the Rare Plant Conservation Program at Bok Tower Gardens investigating

whether the digestion of gopher tortoises affects seed germination of the endangered plant *Ziziphus celata*. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOON WITH RON BETTS:** Dec. 5. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**THE SHOP AT BOK HOLIDAY OPEN HOUSE:** Dec. 6. 4pm-7pm. Enjoy holiday shopping, refreshments complimentary gift wrap and a special trunk show. The Blue Palmetto Café will be open with a dinner special for purchase and holiday sampling. Free admission after 4pm.

**TAI CHI IN THE GARDENS:** Dec. 8. 8:30am-9:30am. Learn the ancient art of Tai Chi surrounded in the serenity of the Gardens. Individuals of all ages and physical conditions can use the fluid movements to help release tension, increase balance and relax. \$10 members/\$17 non-members.

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**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH GERRI BLOUNT:** Dec. 8. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**TIME FOR A CHANGE MEDITATION RETREAT:** Dec. 8. 9am-1pm. Join Reiki Master and Sound Healer Kristen Tenpenny for a retreat dedicated to better understanding of energy medicine postures, breathing exercises, guided visualization meditation, walking meditation and sound healing. \$40 members/\$47 non-members.

**3 AUTHORS AND A HOLIDAY BRUNCH WITH A FLORIDA VIBE:** Dec. 8. 12pm-2pm. Join cookbook authors Pam Brandon, Katie Farmand and Heather McPherson for a delectable holiday brunch celebrating local, seasonal products, stories and recipes for super-easy holiday entertaining. Each guest will enjoy four delicious courses, craft beer and wine and receive their choice of a signed copy of one of the presenters' cookbooks. \$55 members/\$65 non-members. Part of the Florida Food Series presented by Visit Central Florida.

**HOLIDAYS AT HAMMOCK HOLLOW “MEET MRS. CLAUS”:** Dec. 9. 1pm-3pm. Meet Mrs. Claus for pictures and enjoy story time on the Sabal Stage. Included with general admission or membership.

**MEDITATION WITH CRYSTAL & TIBETAN SINGING BOWLS:** Dec. 11. 5:30pm-6:30pm. Experience a sound healing with Reiki Master Kristen Tenpenny through the vibrations of the ancient Tibetan and crystal singing bowls that reduce stress, pain and tension while producing a deep, meditative state. \$15 members/\$22 non-members.

**CARING FOR FRUIT TREES IN THE HOME LANDSCAPE:** Dec. 12. 12pm-1pm. Learn how to select the right fruit tree for your yard along with tips for long-term care and maintenance from UF IFAS experts. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH OMARI DILLARD:** Dec. 12. 12:30pm-2:30pm. Live music performed at the Pinewood Estate Historic Frog Fountain Courtyard. Included with general admission or membership.

**TAI CHI IN THE GARDENS:** Dec. 15. 8:30am-9:30am. Learn the ancient art of Tai Chi surrounded in the serenity of the Gardens. Individuals of all ages and physical conditions can use the fluid movements to help release tension, increase balance and relax. \$10 members/\$17 non-members.

**HOLIDAYS AT HAMMOCK HOLLOW “HOLLY-DAY PLANTS”:** Dec. 15. 10am-12pm. Families will learn about plants used around the world to make the holidays more festive. Learn how to draw a poinsettia at Doodlebug Art Place. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH LEE HUNTER AND JOEY KERR:** Dec. 15. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**JAPANESE FLORAL ARRANGEMENTS:** Dec. 15. 1pm-3pm. With expert instruction from Bloom Box Floral Owner Laurel LeMaistre, AIFD, learn how to create your own stunning floral arrangement and take it home. \$40 members/\$47 non-members.

**CONSCIOUS COMMUNICATION:** Dec. 16. 1pm-4pm. Explore a course that provides the tools and experiences to create a more authentic and powerful projection of yourself. Participants will learn more about their inner intuitive capacity and improve communication skills. \$35 members/\$42 non-members.

**CARILLON & CHORALE HOLIDAY CONCERT:** Dec. 16. 4pm. Enjoy a holiday concert that combines the talents of chorale members from Harrison School for the Arts with the Singing Tower. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH BEN TORRES AND MARILYN FRIEDLAND:** Dec. 19. 12pm-2pm. Live music performed at the Pinewood Estate Historic Frog Fountain Courtyard. Included with general admission or membership.

**FOOD AS MEDICINE:** December 19. 1pm-2pm. Many common herbs and spices in your own pantry have added health benefits. Learn how to add herbs for health in your daily cooking. Make and take an herbal infused super food salad dressing. \$10 members/\$15 non-members.

**FERMENTED BEVERAGES:** Dec 22. 1pm-3pm. This fun hands-on demonstration workshop focuses on the general exploration of various fermented beverages including Kombucha and Water Kefir. Sample several fun drinks throughout the class and attendees can take home a

ginger drink. \$30 members/\$37 non-members. Part of the Florida Food Series presented by Visit Central Florida.

**HOLIDAYS AT HAMMOCK HOLLOW “HOLLY-DAY PLANTS”:** Dec. 22. 10am-12pm. Families will learn about plants used around the world to make the holidays more festive. Learn how to draw a poinsettia at Doodlebug Art Place. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH MARCUS BRIXA:** Dec. 22. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**HOLIDAYS AT HAMMOCK HOLLOW “MEET MRS. CLAUS”:** Dec. 23. 1pm-3pm. Meet Mrs. Claus for pictures and enjoy story time on the Sabal Stage Included with general admission or membership.

**CHRISTMAS DAY CARILLON CONCERT:** Dec. 25. 1pm & 3pm. Holiday concert featuring Christmas Carols from around the world. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH DEAN JOHANESEN:** Dec. 26. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**TAI CHI IN THE GARDENS:** Dec. 29. 8:30am-9:30am. Learn the ancient art of Tai Chi surrounded in the serenity of the Gardens. Individuals of all ages and physical conditions can use the fluid movements to help release tension, increase balance and relax. \$10 members/\$17 non-members.

**KIDS PIZZA MAKING:** December 29. 10am-11am. Kids will learn how to make sauce and roll out the dough, top and bake the pizzas in the wood-fired pizza oven. For children ages 8-14 with enough pizza for one adult included. \$25 member child/\$35 non-member child. Additional adults \$30 member/\$40 non-member.

**HOLIDAYS AT HAMMOCK HOLLOW “NEW YEAR TRADITIONS FROM THE NETHERLANDS”:** Dec. 29. 10am-12pm. Take the “Plunge” with a wintery run through the River Walk and discover Dutch traditions with cookies and crafts at Doodle Bug Art Place. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH BRYAN RIVERS:** Dec. 29. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**NEW YEAR'S DAY CARILLON CONCERT:** Jan. 1. 1pm & 3pm. Ring in the new year with a Singing Tower concert. Included with general admission or membership.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH RON BETTS:** Jan. 2. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**GOLDEN MILK:** Jan. 2. 1pm-2pm. Golden Milk is quickly becoming a popular drink for healthy habits and to fight harmful inflammation. Learn how to make this simple but elegant drink and treat yourself to health. \$5 members/\$14 non-members.

**FERMENTING DAIRY:** Jan 5. 10am-12pm. Explore various dairy fermented foods and beverages from Yogurt to Cultured Kefir Cheeses. Learn how to make your own cultured butter. Samples included. \$30 members/\$37 non-members. Part of the Florida Food Series presented by Visit Central Florida.

**HOME FOR THE HOLIDAYS MUSICAL AFTERNOONS WITH THE SOFA KINGS:** Jan. 5. 12:30pm-2:30pm. Live music performed at the Pinewood Estate historic Frog Fountain Courtyard. Included with general admission or membership.

**BRUNCH IN THE GARDENS:** Jan. 6. 11am-1pm. Sit back and enjoy the delicious Blue Palmetto Café cuisine while surrounded in the beauty of Central Florida's most picturesque brunch destination. Brunch includes unlimited scrambled eggs, bacon, biscuits & gravy, waffles eggs benedict, fresh fruit and bottomless mimosas (available at 12pm) served in Outdoor Kitchen. \$40 members/\$47 non-members (kids 5 and under free/\$15 kids ages 6-12).



**About Bok Tower Gardens:**

Voted Florida's best garden, Bok Tower Gardens is a National Historic Landmark located 10 miles from LEGOLAND Florida, 55 miles southwest of Orlando and 60 miles east of Tampa near Lake Wales in Central Florida's rolling hills of citrus. Open every day of the year from 8 a.m. to 5 p.m. The Visitor Center, Café and Gift Shop are open 9 a.m. to 5 p.m. Admission is \$15 for adults (effective Oct. 1, 2018) and \$5 for ages 5-12. Members and children under 5 are admitted free. For more information contact Bok Tower Gardens, 1151 Tower Boulevard, Lake Wales FL 33853; 863-676-1408 or visit [www.boktowergardens.org](http://www.boktowergardens.org).